FOOD & BEVERAGE Menu







kood

TAPIOCA & SMOOTHIE



MERRY BERRY

Tapioca custard and chia seeds mixed berries, beetroot, banana, almond milk with a coconut and almond topping.

180 B

DOWN UNDER DELIGHT



165 B

SNOOPY'S CHOICE

Tapioca custard and chia seeds peanut butter, almond milk, banana, almonds and cashew with a caramel topping.

175 B



Tapioca custard and chia seeds, cocoa, banana, almond and sesame seeds with a chocolate and caramel topping.

165 B

TROPICAL THAI

Tapioca custard and chia seeds, mango, banana, walnuts, sesame seeds with a mango almond topping.







SMOOTHIE BOWLS



Peanut butter, almond milk, banana, almonds and cashew with a caramel topping.

235 B

KOALA DREAM

Kiwi, bok choy, banana, sesame seed, almond milk with honey topping.

235 B

ALMOND BERRY BLAST

Mixed berries, beetroot, banana, almond milk with a coconut and almond topping.

250 B

MICKEY'S FAVORITE

Cocoa, banana, almond and sesame seeds with a chocolate and caramel topping.

245 B

MANGO TANGO

Mango, banana, walnuts, sesame seeds with a mango almond topping.







éoog

BREAKFAST



Two fresh eggs of your choice, scrambled, boiled, poached, omelet or fried with bacon and ham, 260 B bread basket, jam butter and a fresh fruit cup.

EGGS BENEDICT

Poached eggs on grilled bread with ham, hollandaise sauce, pan fried potatoes and a fresh fruit cup.

EGGS BENEDICT WITH SMOKED SALMON

FLORENTINE OMELETTE

Spinach and feta cheese with bread basket, jam and butter, pan fried potatoes and fresh fruit cup.

SALMON AND VEGGIE OMMELET

Salmon filet with green onion and tomato bread basket, jam, butter, pan fried potatoes and fresh fruit cup.

PORRIDGE / HOT OATMEAL

Served with apple, raisin and cinnamon.

MUESLI

Served with fresh fruits, yoghurt and raw honey.

MORNING MAGIC

Fresh papaya and mango toped with yoghurt and bee pollen.

RICE SOUP

Yoghurt

Bacon

Ham

Classic Asian rice soup with chicken, prawn or pork, fresh ginger, fried garlic, coriander and a fresh fruit cup.

SIDES

30 B 60 B 90 B Homemade fried potatoes... 70 B
Organic brown rice 40 B
Toast, butter and jam 60 B
Baked beans

290 B

















BRUNCH



EGGS ALA NACKEY

Poached eggs, potato pancake, pumpkin seed cashew compote, whole grain bread, served with fresh fruit.

249 B

MEDITERRANEAN CHICKPEA & AVOCADO SALAD

Avocado, chickpeas (Garbanzo beans), feta cheese, olives, tomato, cucumber, sweet pepper, red onion, with sesame tahini sauce and quinoa.

265 B



BUDDHA BOWL WITH AVOCADO

Grilled chicken breast or grilled tofu, avocado, baby spinach, sweet pepper, fresh tomato, brown jasmine rice with tangy yoghurt sauce and apple cider vinaigrette.

285 B



HEALTHY VEGGIE WRAP

Hummus, avocado, endamame, baby spinach, cucumber, tomato and carrot, rolled in a flour tortilla, with tangy yoghurt sauce.

245 B



AVOCADO & EGG TOAST

Poached eggs and avocado spread served on whole grain bread with fresh tropical fruit.

220 B



SWEET POTATO & AVOCADO SALAD

With mixed greens, baby spinach, sunflower sprouts, fried egg, balsamic vinaigrette & fresh lemon.

295 B



SMOKED SALMON CREAM CHEESE

Smoked salmon slices with 7 minute egg, cucumber, sunflower sprouts and cream cheese.

HEALTHY FOOD FOR GOOD MOOD



ZUCCHINI PASTA

Raw organic zucchini topped with fresh basil pesto, raw tomato sauce and raw "cheez"

260 B

RAW RICE SALAD

Sesame scented rice with green beans, sweet peppers, cashews, tomato, jicama and sprouts, apple cider vinaigrette.

220B



ALMOST RAW PAD THAI

A delicious healthy interpretation of this classic Thai dishmad from papaya noodle.

230 B



Hummus served with vegetables sticks and Guacamole.

230 B

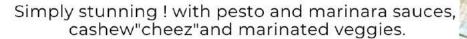


RAW NORI ROLLS

5 Pieces of our specail raw nori with jicama, sesame scented rice, julienne vegetables and cashew puree, served with Wasabi and soy sauce.

260 B





300 B



MEMO SALAD

Mediterranean chopped salad with cucumber, tomato carrot cabbage, onion and tahini dressing.

195 B



JAPANESE SALAD

Mixed crisp vegetables with a sesame shoyu dressing and dried figs.









HEALTHY FOOD FOR GOOD MOOD



BROCCOLI MANGO SALAD

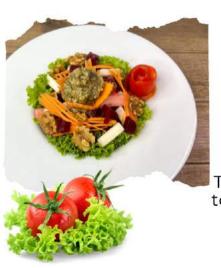
Mixed avocado, mango, broccoli, red union sesame seed and raisins with apple cider venaigrette.

295 B

MIX GREEN SALAD

Seasonal leafy greens with market veggies and Chef Charlie's house dressing.

165 B



BEETROOT & WALNUT SALAD

Steamed beets served with pumpkin seed walnuts and cashew nut compote.

210 B

TUNA SALAD

Tuna blended with mayo, sweet peppers, tomato, cucumber, and onion on a bed of greens.

195 B

ADD-ONS

Grilled Prawns	140 B	Chicken Breast	95 B
Salmon Filet	150 B	Hard-boiled Egg	30 B
Grilled Tofu	50 B	Cheddar cheese	50 B

SOUPS



Hearty lentil soup with tomato, garlic, spinach, carrot and onion.

160 B

BROCCOLI

Rich in anti-oxidants, homemade using florets of organic broccoli.

170 B

PUMPKIN & CARROT

A delicious blend with a hint of indian spices.



COOL

STARTERS





Fresh prawns fried to a golden brown and served with thai sweet chilli and plum sauce.

290 B



Peppered yellow fin tuna cubes grilled med-rare, with a wasabi mayo and market greens.

340 B

KOONG SA-RONG

Deep fried shirmp rolled with noodles.

300 B

CHIP & DIP

Corn chips with salsa, hummus guacamole and mexcican style bean dip.

240 B

FISH AND CHIPS

Fried fresh fish filets dipped in batter, served with fries and salad and our famous tartar sauce.

330 B

CHIPS & SALSA

Corn chips with the best homemade salsa in phuket.

140 B

GARLIC BREAD

With a pinch of grated parmesan cheese.









TEX MEX



330 B

250 B

360 B

SUPER NATURAL VEGAN BURRITO

Flour tortilla crammed with grilled vegetables, recooked beans, brown rice, tomato salad, tofu and toped with salsa & guacamole, side of fire-checker hot sauce.	220 B
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BURRITO GRANDE

	(1)-Veggie	250 B
Flour tortilla filled with re-cooked bean, grilled veggies, melted cheese, rice, salsa and sour cream.	(2)-Chicken	280 B

QUESADILLA

	(i)-veggle	220 B
Flour tortilla, melted cheeses, sweet peppers, sour cream, salsa, spring onion and chili sauce.	(2)-Chicken	250 B

290 B (3)-Prawn

MUCHO MACHO NACHOS

		STATES DATE OF THE A
Corn chips, melted cheeses, black olives, tomato, spring onion, sweet pepper with sour cream and	(2)-Chicken	290 B
salsa.	(3)-Beef	340 B

PIZZA



(1)-Vegaie

(3)-Beef

(1)-Veggie

(1)-Veggie

FULL MONTY

With salami, ham, mushroom, onion and sweet pepper.

MARGARITA 260 B

With tomato sauce and cheese.

VEGETABLE

With tomato sauce, cheese, black olive, 300 B sweet papper, mushroom and onion.

HAM

Ham with tomato sauce and 290 B cheese.

BURGERS

SUPERNATURAL BURGER

Harvey's famous original garden burger with cashew	240 B
cheese, lettuce, tomato and onion, whole grain bun	

CHICKEN BURGER

Grilled chicken breast filet with curry mayo and	230 B
veggies on whole grain bun	

BEEF BURGER

265 B	150 grams beef patty grilled and topped with
203 B	lettuce,tomato,onion and mayonnaiseServed
	on a grilled bun

CHEESE BURGER	295 B
	2/0

BACON &	CHEESE BURGER	325 B
DACON &	CHEESE BUNGER	32

STAR BURGER

Bacon cheeseburger on grilled parmesan bread,	330 E
with lettuce, tomato, onion and thousand island	
dressing	



SANDWICHES



SERVED ON MULTIGRAIN BREAD WITH YOUR CHOICE OF GARDEN SALAD OR FRIES

TUNA SALAD SANDWICH

Tuna blended with onion, celery, mayo and egg. Served on grilled	220 B
wheat bread with a side of lettuce and tomato	220 B

EGG SANDWICH

Hard boiled eggs blended with mayonnaise and onion on grilled	190 B
multi grain bread	

GRILLED HAM & CHEESE

An American classic served on grilled wheat bread with a	240 B
side of lettuce, tomato, and onion	

GRILLED CHEESE & TOMATO

Slices of tomato and melted cheddar on grilled wheat bread 210 B



4000

Special Offers



GRILLED SALMON FILET

With fresh avocado mango salsa, jasmine rice and garden veggies.

360 B

CHICKEN & PASTA SALAD

Braised chilled chicken breast, rotini pasta, avocado, fresh tomato, red onion and fresh basil with apple cider vinaigrette.



SPICY PRAWN STACK



295 B



Sashimi Grade tuna, grilled medium rare with wasabi mayonnaise, pan crisped potato & petite veggies.

360 B





BBQ BABY BACK RIBS

Chef Charlie's award winning pork ribs W/Sweet & Spicy glaze, garlic herb mashed potatoes and fresh garden salad.

395 B

CRISPY DUCK LEG

With a hint of indian spices, served with garlic & herb mashed potato and cranberry port sauce.

295 B



SALMON & PRAWN DUET

Grilled salmon filet & prawns, with a mediterranean style fresh tomato, caper, basil salsa, brown jasmine rice & garden veggies.



SPAGHETTI & PASTAS

SPAGHETTI POMODORO

Spaghetti with fresh tomato, basil and garlic sauce

230 B



SPAGHETTI BOLOGNESE

Classic Italian tomato sauce with chunks of beef and parmesan cheese.

300 B

BLACK SPAGHETTI W/SEAFOOD

Saute'ed Salmon, Prawn and Squid tossed with a light Olive Oil, Garlic & Sweet Pepper Jus. Toped with Parmesan Cheese.

320 B



SPAGHETTI CARBONARA

Spaghetti with bacon, cream, black pepper, egg yolk and parmesan cheese.

300 B



Chicken breast breaded and grill topped with tomato sauce and 3 cheese on a bed of spaghetti
Served with fresh salad

350 B



SPAGHETTI PAD KEE MAO

Spaghetti with stir-fried with thai spicy sauce, basil, with seafood or chicken.

295 B



FETTUCCINI ALFREDO/SALMON

Noodles tossed with white wine, cream, butter, garlic and parmesan cheese and salmon fillet.



SPECIAL DINNER



CHICKEN CORDONBLEU

Chicken breast filled with ham and cheese. breaded and fried to a golden brown, Served with fries and salad.

340 B

GRILLED SEABASS MEDITERRANEAN

Fresh fish with tomato, basil, capers, olive oil, served with fresh seasonal veggies and brown rice.

400 B

SAUTEED SEABASS FILET

With white wine, butter and lemon sauce, served with mash potato and fresh vegetables

410 B



Filled with ham and cheese, breaded and fried to golden brown. served with fries and salad

360 B

SPECIAL INDIAN DISH



CHICKEN TIKKA MASALA

Chicken, tomato, masala powder, spicy, Greek yogurt, indian herbs.

270 B

TANDOORI CHICKEN

Rice, chicken with indian spicy herbs.





THAI FOOD

THAI SALAD (YUM)

MOO KUM WAHN

BBQ pork lion with garlic coriander, chili, and fresh vegetables.

220 B

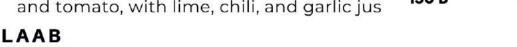


Green mango & cashew spicy salad from shredded un-ripened mango, red onion, lime, chili and garlic sauce.

180 B

SOM TUM

Un-ripened shredded papaya, cabbage, carrot 150 B and tomato, with lime, chili, and garlic jus



YUM WHUN SEN

Thai spicy salad with herbs, glass noodle, tomato, spring onion and Celery.

Thai (Isan) herbs spicy salad with red onion, spring onion and mint.

1.With Chicken or Pork 220 B

>>>>>

2.With Seafood 250 B

1.With Chicken or Pork 220 B

2.With Seafood 250 B

FISH CURRY & SOUP

PLA NEUNG MA NAO

Whit seabass with 2 fillets steamed in lime sauce.

480 B

CRISPY SALMON TOM YUM

Thai classic salmon herbal soup with garden vegetables with milk.

295 B

PLA NEUNG KHING

480 B

Whit seabass with 2 fillets steamed with sliced ginger and shitake mushrooms.

PLA TODD GRATIAM

Deep fried seabass with 2 fillets with garlic and pepper.



THAI FOOD





TOM YUM

Thai classic herbal soup with garden vegetables with milk 2.With seafood or Prawns 290 B or clear soup.

1.With Chicken or pork

240 B

TOM KHA KAI/SEAFOOD

With coconut milk, lemongrass, 1. With Chicken or Pork 240 B lime leaves and veggies.

2.With Seafood

290 B

KAENG KAEW WAAN

Chicken or Pork Thai green curry 1. With Chicken or Pork 240 B with market vegettables.

2. With Seafood

290 B

KAENG MASSAMAN

Massaman Curry with Chicken, Potato, Onion, Peanuts and Coconut milk.

240 B



KAENG JUID

Clear soup with glass noodles, egg tofu and fresh vegetables.

1.With Chicken or Pork

2. With Vegetables

140 B

240 B



Glass noodles with spicy borth and vegetables.

1.With Chicken or Pork

2.With Seafood or Prawns 290 B







THAI FOOD

STIR FRIED

PAD THAI

Thai style fried noodles with peanut, tofu, and bean sprouts.

1.With Chicken or Pork

250 B

2.With Seafood or Prawns 300 B



Colorful medley of stir fried fresh vegetables.



160 B

KAI PAD MED MAMEUNG

Stir fried chicken with cashew and fresh vegetables.

285 B



PAD KRA POW

Stir fried with basil leaf and green beans.

1.With Chicken or Pork 250 B

2.With Seafood or Prawns 290 B

LAD NAA

Stir fried Wide rice noodle in a gravy style sauce with mushroom and vegetables.

1.With Chicken or Pork

250 B

2.With Seafood or Prawns 290 B



Traditional wok fried brown 1.Veggies and Egg 130 B 210 B rice with market vegetable 2. With Chicken or Pork

and egg.

3. With Seafood or Prawns 280 B

DRY SUKIYAKI

Stir fried vegetables, glass noodle and egg with Sukiyaki sauce.

1.With Chicken or pork 250 B

2.With seafood or Prawns 300 B

PAD SEE YIOW

Wide rice noodle, vegetables stir fried with egg and kale.

1.With Chicken or Pork

2.With Seafood or Prawns

300 B

DESSERT



ICE CREAM

1.Cool refreshing mango sorbet made from local organic fruits.

1 SCOOP 80 B

2 SCOOPS

150 B

2. Locally produced hazelnut, chocolate or vanilla.



CHOCOLATE FUDGE BROWNIE

140 B

CHOCOLATE BROWNIE WITH VANILA ICE CREAM

210 B



MANGO STICKY RICE

Sweet sticky rice, coconut milk, sesame with ripe mango.

145 B

BUA LOI PUAK

Traditional Thai dessert, taro ball, pandan leaf with coconut Milk.

:No Egg

145 B

:With Egg

155 B



Banana fried to a golden brown, served with honey and chocolate dip.

140 B

MANGO PANNA COTTA

Gelatin powder, mixed with vanilla extract milk with seasonal mango.

140 B



CREME BRULEE

Egg yolks, vanilla bean, caster sugar, heavy whipping cream.



SPARKLING FRUIT DRINK



SPARKLING KISS

Mixed berry's, strawberry, mint, vanilla extract with sparkling soda.

145 B





Passion fruit, pea flower and lemon vanilla extract with sparkling soda.

125 B



SPARKLE HEATH

Turmeric, lemon, rosmarry, cinnamon with sparkling soda.

125 B



MINTY MAGIC

Pomegranate, orange, mint, cinnamon with sparkling soda.

145 B

PEACHY KEEN

Peach, cinnamon, vanilla extract, rosemary with sparkling soda.

135 B



SPARKLING MATCHA

Matcha green tea, mint and lemon with sparkling soda.

125 B

ADD ON VODKA SHOT

Choose your flavor Sho

50 B.



Lemon Vodka Shot



Mint Vodka shot



Strawberry Vodka Shot

SPARKLING FRUIT DRINK



Ice espresso with orange juice

120 B



DALGONA MIDNIGHT DREAM

Espresso, instant coffee, charcoal, milk, brown sugar dalgona mixed.

120 B



COCONUT JOE

Exspresso, instant coffee, coconut milk, brown sugar dalgona mixed with cinnamon.

120 B



APPLE-MINT SMILE

Fresh apple, cucumber and mint with sparkling soda.

95 B





THAI LEMON GRASS SPLASH

Lemon grass, pandan, and apple with sparkling soda.

95 B

DALGONA COFFEE

Espresso, instant coffee, milk, brown sugar dalgona mixed.

120 B



MELON COOLER

Fresh watermelon, cucumber

with sparkling soda.

95 B

MATCHA-MANGO

Green tea matcha, mango vanilla extract, milk.

120 B



CITRUS SUPRISE

Fresh lemon, orange, mint and cinnamon with sparkling soda.

95 B



KOALA CURE

Fresh cucumber, lemon, kiwi and mint with sparkling soda.

HEALTHY BAR JUICE & SMOOTHIES



GINGER TEMARIND COOLER

Ginger, apple, tamarind, coconut.

220 B



Carrot, apple, ginger, lime.



RADIANT SKIN

Tomato, kale, lime, mint.

195 B



GINGER GREENS

Ginger, apple ,kale, spinach cucumber, parsley, lime.

195 B



SWEET GREENS

Apple, Kale, spinach, cucumber parsley, mint, lime.

195 B



THAI GREENS

Pak choy, kale, lemongrass, ginger, carrot, apple.

195B



SODIUM INFUSION

Celery, Parsley, Apple.



HEALTHY BAR JUICE& SMOOTIE

THB

FRESH FRUIT JUICES

WHOLE COCONUT	120
CARROT	160
ORANGE	195
WATERMELON	150
LEMON	130
POMEGRANATE	195
APPLE	195
MANGO	195



THB

FRESH MIXED JUICES

MIMOSAS 195 PINEAPPLE/ORANGE/POMEGRANATE. RADIANT SKIN 195

WE GOT THE BEET

BEETROOT/CARROT/APPLE/GINGER/LIME.195

ORIENT ENZYME TRAIN

TOMATO/KALE/LIME/MINT.

CARROT/APPLE/PINEAPPLE/LIME 195 /GINGER/MINT.

Tirit

COOLERS & SMOOTIES



TROPICAL DREAM	220 B
Pineapple, Coconut, Banana.	
GINGER TAMARIND COOLER	
Coconut water, fresh ginger, tamarin and apple juice, a good choice before meals, ginger and apple soo the digestion.	220 B
THE ATMANJAI COOLER	
Coconut water, fresh pineapple and fresh coriander leaf.	220 B
COCO MAGIC SMOOTHIE	220 B

BOUTENKO BLASTER SMOOTHIE

220 B

Leafy green, banana, mango, coconut.

Coconut, Banana, Cocoa.

BOTTLED JUICES

Orange	
Orange	80 B
Pineapple	80 B
	00 B
Mango	80 B
Apple	80 B
	6U B

WATER AND SOFT DRINKS

Soda water	40 B
Still water	40 B
Coca-Cola	50 B
Sprite	50 B



Tink

VIRGIN COCKTAILS

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Orange, Honey, pineapple juice.

WATERMELON PUNCH

Watermelon, pineapple, lime juice, honey. 130 B

SHIRLEY TEMPLE

Lemon, lime, grenadine, pineapple. 130 B

FRUIT PUNCH

Orange, lemon, grenadine, pineapple. 130 B

VANILLA MILK SHAKE 140 B

CHOCOLATE MILK SHAKE 140 B



TRENDY COCKTAILS

APEROL SPRITZ

Aperol and Prosecco. 300 B

MIMOSA

Orange, vodka, honey and sparkling wine. 300 B

WHITE WINE SPRITZER

White wine and club soda. 300 B

RED SANGRIA

Red wine, fresh fruit, liqueur, orange juice. 300 B

WHITE SANGRIA

White wine, fresh fruit, brandy & sprite. 300 B





ALCOHOL FOR FUN

COCKTAILS

PΙ	NA	COL	ADA
			$\cdot \cap \cup \cap$

Rum, malibu, coconut milk pineapple juice. 230 B

MAITHAI

Rum, Tropical juice and grenadine. 230 B

SINGAPORE SLING

230 B Cherry brandy, gin, lemon, grenadine, soda.

MARGARITA

Frozen or up, mango or lime. 230 B

PHUKET ISLAND ICE TEA

Flower juice, vodka, gin, rum, triple sec, lime. 230 B

BLOODY MARY

220 B Vodka and tomato juice.

BLUE HAWAII

220 B Dark rum, blue curacao, pineapple juice





THAI WHISKEY

100 B SANGSOM

REGENCY 120 B :SANGSOM

490 B Set 1 bottle with two mixers.

:REGENCY

Set 1 bottle with two mixers. 790 B

BEER

SINGHA CHANG

115 B 100 B

TIGER

110 B

SAN MIGUEL LIGHT









SPIRITS

Shots

Snots	THB
BACARDI RUM	160
CAPTAIN MORGAN RUM	160
JACK DANIEL'S	190
JOHNNY WALKER RED	160
JOHNNY WALKER BLACK	240
SOUTHERN COMFORT	150
ABSOLUT VODKA	160
SMIRNOFF VODKA	150
TEQUILA	150
GORDON'S GIN	160
BOMBAY GIN	170
MALIBU	160
BAILEY'S	190
KAHLUA	180
COINTREAU	190
JAGERMEISTER	180
GLENFIDDICH SINGLE MALT	250
RICARD	180



WINE BY THE GLASS AND BOTTLE

OF.	
Glass	тнв
CHARDONNAY, RESERVADO, CHILE	210
DRY & FRUITY WHITE WINE/ AUS	160
CABERNETSAUVIGNON, RESERVADO, CHILE	210
DRY & FRUITY RED WINE/ FRANCE	160
White Wine	
SAUVIGNON BLANC, CHILANO, CHILE	990

SAUVIGNON BLANC, CHILANO, CHILE	990
CHARDONNAY, BLUE MOON, AUSTRALIA	1,150
SAUVIGNON BLANC, SENDERO, CHILE	1,090
CHARDONNAY, RESERVADO, CHILE	990
PINOT GRIGIO, VENTITERRE, ITALY	1,350
CHARDONNAY, LINDEMAN'S /AUS	1,250

Red Wine

CABERNET SAUVIGNON, LINDEMAN'S /AUS	1,250
SHIRAZ, BLUE MOON, AUSTRALIA	1,150
MERLOT, CASILLERO, CHILE	1,650
CABERNETSAUVIGNON, RESERVADO, CHILEC	990
CABERNET, MERLOT, TWO OCEANS,	
SOUTH AFRICA	1,250

Roses

BORDEAUX ROSE MICHEL LYNCH, FRANCE

Sparkling
PROSECCO BRUT, ZONIN, ITALY

1,390